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Anabolic Medicine sm

PREVENTION - FITNESS - NUTRITION - TREATMENT

The Anabolic Clinic, SC

AnabolicClinic.com

An Introduction To Anabolic Medicine sm

When all is said and done, what you really want is for Medicine to make your life better.

If you have an illness, you want it treated completely and its effects reversed.

If you do not have an illness, you want to prevent the onset of disease.

Anabolic Medicine sm is the only form of Medicine that can do all of this - prevent, completely treat and reverse the damage of disease.

Illnesses

Chronic illnesses result in injury, frailty, loss of independence, nursing home care, low energy, decreased libido, even death.

Almost all chronic conditions are caused by or associated with the breakdown of tissue. Tissue breakdown is called "catabolism." Tissue building is called "anabolism."

The only way to prevent or reverse a catabolic process is by being anabolic.

Anabolic Medicine sm can prevent or reverse the breakdown of tissue.

Illness Prevention

An example is sarcopenia - a condition that affects men and women. In sarcopenia, muscle is the tissue that is broken down.

Sarcopenia will occur if you live into your 30s and beyond.

Anabolic Medicine sm prevents sarcopenia by building muscle.

Anabolic Medicine sm can also treat and reverse sarcopenia.

Illness - Complete Treatment and Reversal

An example is osteoporosis - a condition that affects men and women. It affects more women than men; however, men have a much greater likelihood of dying from an osteoporosis-related fracture than women.

Osteoporosis comes with aging.

In osteoporosis, bone is broken down. Anabolic Medicine sm treats osteoporosis by stopping the bone loss. It also reverses the effects of osteoporosis by building new bone.

Most osteoporosis treatments result in additional bone loss over time and have complications that limit their use.

Anabolic Medicine sm can prevent osteoporosis by building additional bone before age-related bone loss occurs. The more bone you have, the less likely it is that osteoporosis will affect you.

To see the many common conditions associated with tissue breakdown, e.g., cardiovascular disease, go to AnabolicClinic.com

For more information, schedule a consultation with
Dr. Applebaum or visit AnabolicClinic.com